#### Anmerkung zur Punkttabelle zur altersgerechten Einschätzung der Leistungen im Schwimmen

(©,,Rudolph-Tabelle")

Die Leistung im Schwimmen ist das Ergebnis von Talent und Fleiß. Die großen Leistungsunterschiede sind besonders im Kindes- und Jugendalter sowohl der biologischen Entwicklung als auch dem bis dato absolvierten Training (in Einheit von Quantität und Qualität) geschuldet. Somit sind die Jahrgangsmeister nicht automatisch die Talente und ihre führende Position für die Zukunft ist nicht garantiert. Dies sollten wir uns bei der Bildung von Leistungsgruppen, Vereins-, Verbands- und Nationalmannschaften immer vor Augen halten. Wir fördern aber zumeist auf der Grundlage von Kadernormen. All dem liegen Leistungen zugrunde, die für einen bestimmten Altersabschnitt typisch sein sollten. Dazu wurden die typischen Entwicklungsverläufe von der Altersklasse Acht bis zur offenen Klasse und in einem zweiten Schritt die Abstände zum "Weltniveau" (Mittel der ersten Zehn der ewigen Weltbestenliste) ermittelt.

Auf dieser Basis und je nach Leistungsniveau seiner Schwimmer/innen kann sich jeder Trainer für ein bestimmtes Niveau (Punktzahl) entscheiden. Je weiter er dabei in der "Leistungshierarchie" nach "unten" (Verein) geht, um so mehr wird die Leistung streuen. Dabei sind auch die laut WB des DSV zugelassenen Disziplinen zu beachten. Besonders im Interesse eines

systematischen Leistungsaufbaus sollte im Nachwuchsbereich nie die Einzelleistung, sondern immer die Vielseitigkeit (z.B. alle vier Schwimmarten über eine Strecke) im Vordergrund stehen. Erst ab Anschlusstraining erfolgt die Spezialisierung.

Eine Leistungsauswahl sollte immer mit großer psychologischpädagogischer Verantwortung erfolgen. Bei Unklarheiten sollte zugunsten des Athleten entschieden werden, besonders bei biologischen Spätentwicklern oder Trainingsrückständen.

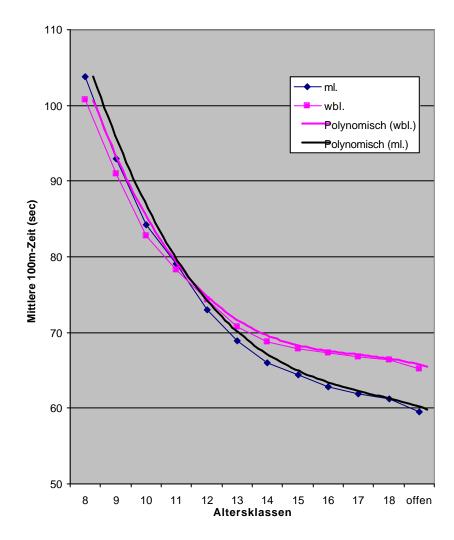


Abb.: Leistung im Schwimmen von der AK 8 bis zur offenen Klasse (Gemittelte 100m-Zeit aller Disziplinen)

#### Als grobe Richtschnur kann empfohlen werden

Weltniveau (oder im Bereich des AK-Rekords <sup>1</sup>	.)	20 Punkte	
Anschluss zur Weltspitze		19 Punkte	
Nationales Spitzenniveau		>17/18 Punkte	
Anschluss nationales Spitzenniveau		16 Punkte	
	stungsniveau Leistungsniveau Leistungsniveau	14/15 Punkte 12/13 Punkte < 11 Punkte	
Bildung von Leistungsgruppen in Vereinen (je nach Leistungsstärke des Vereins)	Kategorie I Kategorie II	> 10 Punkte 7 - 9 Punkte	
	Kategorie III Kategorie IV Kategorie V	5/6 Punkte 3/4 Punkte 1/2 Punkte	

Ich wünsche eine erfolgreiche Arbeit mit den Punkttabellen

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(P.S. Die Tabelle ist urheberrechtlich geschützt)

<sup>&</sup>lt;sup>1</sup> Rekorde erweisen sich immer wieder als typische "Ausreißer". Deshalb liegen 20 Punkte in einigen Dis ziplinen genau beim AK-Rekord, in anderen darüber oder darunter. Im Mittel liegen die 20 Punkte-Zeiten bei 99,64±1,00% (männlich) und 99,93±1,41% (weiblich) des jeweiligen Rekords. Maßgebend für die Berechnung bleibt das Mittel der ewigen Bestenliste, das eine konstante Entwicklung von AK zu AK sichert.

# Altersklasse 8 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:35,9	01:22,7	03:04,7	06:28,0	12:56,0	24:33,1	00:45,1	01:42,6	03:48,1	00:41,5	01:34,1	03:33,4	00:41,4	01:33,3	03:22,7	03:24,7	07:11,6	20
19	00:36,4	01:24,0	03:07,6	06:34,0	13:08,0	24:55,8	00:45,8	01:44,2	03:51,6	00:42,2	01:35,5	03:36,7	00:42,1	01:34,7	03:25,9	03:27,8	07:18,3	19
18	00:37,0	01:25,3	03:10,4	06:40,0	13:20,0	25:18,6	00:46,5	01:45,8	03:55,2	00:42,8	01:37,0	03:40,0	00:42,7	01:36,2	03:29,0	03:31,0	07:25,0	18
17	00:37,6	01:26,6	03:13,3	06:46,0	13:32,0	25:41,4	00:47,2	01:47,4	03:58,7	00:43,4	01:38,5	03:43,3	00:43,3	01:37,6	03:32,1	03:34,2	07:31,7	17
16	00:38,1	01:27,9	03:16,1	06:52,0	13:44,0	26:04,2	00:47,9	01:49,0	04:02,2	00:44,1	01:39,9	03:46,6	00:44,0	01:39,1	03:35,3	03:37,3	07:38,3	16
15	00:38,7	01:29,1	03:19,0	06:58,0	13:56,0	26:27,0	00:48,6	01:50,6	04:05,8	00:44,7	01:41,4	03:49,9	00:44,6	01:40,5	03:38,4	03:40,5	07:45,0	15
14	00:39,2	01:30,4	03:21,8	07:04,0	14:08,0	26:49,7	00:49,3	01:52,2	04:09,3	00:45,4	01:42,8	03:53,2	00:45,3	01:41,9	03:41,5	03:43,6	07:51,7	14
13	00:39,8	01:31,7	03:24,7	07:10,0	14:20,0	27:12,5	00:50,0	01:53,8	04:12,8	00:46,0	01:44,3	03:56,5	00:45,9	01:43,4	03:44,7	03:46,8	07:58,4	13
12	00:40,3	01:33,0	03:27,5	07:16,0	14:32,0	27:35,3	00:50,7	01:55,3	04:16,3	00:46,7	01:45,7	03:59,8	00:46,6	01:44,8	03:47,8	03:50,0	08:05,0	12
11	00:40,9	01:34,3	03:30,4	07:22,0	14:44,0	27:58,1	00:51,4	01:56,9	04:19,9	00:47,3	01:47,2	04:03,1	00:47,2	01:46,3	03:50,9	03:53,1	08:11,7	11
10	00:41,4	01:35,5	03:33,3	07:28,0	14:56,0	28:20,9	00:52,1	01:58,5	04:23,4	00:47,9	01:48,6	04:06,4	00:47,8	01:47,7	03:54,1	03:56,3	08:18,4	10
9	00:42,0	01:36,8	03:36,1	07:34,0	15:08,0	28:43,6	00:52,8	02:00,1	04:26,9	00:48,6	01:50,1	04:09,7	00:48,5	01:49,1	03:57,2	03:59,5	08:25,1	9
8	00:42,5	01:38,1	03:39,0	07:40,0	15:20,0	29:06,4	00:53,5	02:01,7	04:30,4	00:49,2	01:51,5	04:13,0	00:49,1	01:50,6	04:00,3	04:02,6	08:31,7	8
7	00:43,1	01:39,4	03:41,8	07:46,0	15:32,0	29:29,2	00:54,2	02:03,3	04:34,0	00:49,9	01:53,0	04:16,3	00:49,8	01:52,0	04:03,5	04:05,8	08:38,4	7
6	00:43,7	01:40,6	03:44,7	07:52,0	15:44,0	29:52,0	00:54,9	02:04,9	04:37,5	00:50,5	01:54,5	04:19,6	00:50,4	01:53,5	04:06,6	04:09,0	08:45,1	6
5	00:44,2	01:41,9	03:47,5	07:58,0	15:56,0	30:14,7	00:55,6	02:06,5	04:41,0	00:51,1	01:55,9	04:22,9	00:51,0	01:54,9	04:09,8	04:12,1	08:51,8	5
4	00:44,8	01:43,2	03:50,4	08:04,0	16:08,0	30:37,5	00:56,3	02:08,0	04:44,6	00:51,8	01:57,4	04:26,2	00:51,7	01:56,4	04:12,9	04:15,3	08:58,4	4
3	00:45,3	01:44,5	03:53,2	08:10,0	16:20,0	31:00,3	00:57,0	02:09,6	04:48,1	00:52,4	01:58,8	04:29,5	00:52,3	01:57,8	04:16,0	04:18,5	09:05,1	3
2	00:45,9	01:45,8	03:56,1	08:16,0	16:32,0	31:23,1	00:57,7	02:11,2	04:51,6	00:53,1	02:00,3	04:32,8	00:53,0	01:59,2	04:19,2	04:21,6	09:11,8	2
1	00:46,4	01:47,0	03:59,0	08:22,0	16:44,0	31:45,9	00:58,4	02:12,8	04:55,1	00:53,7	02:01,7	04:36,1	00:53,6	02:00,7	04:22,3	04:24,8	09:18,5	1

# Altersklasse 9 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:32,1	01:12,1	02:40,8	05:32,8	11:38,4	22:09,0	00:42,6	01:34,1	03:24,8	00:35,8	01:26,3	03:17,1	00:38,6	01:23,6	03:00,0	02:58,7	06:18,3	20
19	00:32,6	01:13,2	02:43,2	05:38,0	11:49,2	22:29,5	00:43,3	01:35,5	03:27,9	00:36,3	01:27,7	03:20,1	00:39,2	01:24,9	03:02,8	03:01,5	06:24,2	19
18	00:33,1	01:14,3	02:45,7	05:43,1	12:00,0	22:50,1	00:43,9	01:37,0	03:31,1	00:36,9	01:29,0	03:23,2	00:39,8	01:26,2	03:05,5	03:04,2	06:30,0	18
17	00:33,6	01:15,5	02:48,2	05:48,3	12:10,8	23:10,6	00:44,6	01:38,4	03:34,3	00:37,5	01:30,3	03:26,2	00:40,4	01:27,5	03:08,3	03:07,0	06:35,8	17
16	00:34,1	01:16,6	02:50,7	05:53,4	12:21,6	23:31,2	00:45,2	01:39,9	03:37,4	00:38,0	01:31,7	03:29,2	00:41,0	01:28,8	03:11,1	03:09,8	06:41,7	16
15	00:34,6	01:17,7	02:53,2	05:58,6	12:32,4	23:51,7	00:45,9	01:41,3	03:40,6	00:38,6	01:33,0	03:32,3	00:41,6	01:30,1	03:13,9	03:12,5	06:47,5	15
14	00:35,1	01:18,8	02:55,7	06:03,7	12:43,2	24:12,3	00:46,6	01:42,8	03:43,8	00:39,1	01:34,3	03:35,3	00:42,2	01:31,4	03:16,7	03:15,3	06:53,4	14
13	00:35,6	01:19,9	02:58,2	06:08,9	12:54,0	24:32,8	00:47,2	01:44,2	03:46,9	00:39,7	01:35,7	03:38,4	00:42,8	01:32,6	03:19,5	03:18,0	06:59,3	13
12	00:36,1	01:21,0	03:00,6	06:14,0	13:04,8	24:53,4	00:47,9	01:45,7	03:50,1	00:40,2	01:37,0	03:41,4	00:43,4	01:33,9	03:22,2	03:20,8	07:05,1	12
11	00:36,6	01:22,2	03:03,1	06:19,2	13:15,6	25:13,9	00:48,5	01:47,2	03:53,3	00:40,8	01:38,3	03:44,5	00:44,0	01:35,2	03:25,0	03:23,6	07:11,0	11
10	00:37,1	01:23,3	03:05,6	06:24,3	13:26,4	25:34,5	00:49,2	01:48,6	03:56,4	00:41,3	01:39,7	03:47,5	00:44,6	01:36,5	03:27,8	03:26,3	07:16,8	10
9	00:37,6	01:24,4	03:08,1	06:29,4	13:37,2	25:55,0	00:49,9	01:50,1	03:59,6	00:41,9	01:41,0	03:50,6	00:45,2	01:37,8	03:30,6	03:29,1	07:22,6	9
8	00:38,1	01:25,5	03:10,6	06:34,6	13:48,0	26:15,6	00:50,5	01:51,5	04:02,8	00:42,4	01:42,3	03:53,6	00:45,8	01:39,1	03:33,4	03:31,9	07:28,5	8
7	00:38,6	01:26,6	03:13,1	06:39,7	13:58,8	26:36,1	00:51,2	01:53,0	04:05,9	00:43,0	01:43,7	03:56,7	00:46,4	01:40,4	03:36,2	03:34,6	07:34,3	7
6	00:39,0	01:27,7	03:15,6	06:44,9	14:09,6	26:56,7	00:51,8	01:54,4	04:09,1	00:43,5	01:45,0	03:59,7	00:47,0	01:41,7	03:38,9	03:37,4	07:40,2	6
5	00:39,5	01:28,8	03:18,0	06:50,0	14:20,4	27:17,3	00:52,5	01:55,9	04:12,3	00:44,1	01:46,4	04:02,8	00:47,6	01:43,0	03:41,7	03:40,1	07:46,1	5
4	00:40,0	01:30,0	03:20,5	06:55,2	14:31,2	27:37,8	00:53,2	01:57,3	04:15,4	00:44,6	01:47,7	04:05,8	00:48,2	01:44,3	03:44,5	03:42,9	07:51,9	4
3	00:40,5	01:31,1	03:23,0	07:00,3	14:42,0	27:58,4	00:53,8	01:58,8	04:18,6	00:45,2	01:49,0	04:08,9	00:48,8	01:45,6	03:47,3	03:45,7	07:57,8	3
2	00:41,0	01:32,2	03:25,5	07:05,5	14:52,8	28:18,9	00:54,5	02:00,3	04:21,8	00:45,8	01:50,4	04:11,9	00:49,4	01:46,9	03:50,1	03:48,4	08:03,6	2
1	00:41,5	01:33,3	03:28,0	07:10,6	15:03,6	28:39,5	00:55,1	02:01,7	04:24,9	00:46,3	01:51,7	04:15,0	00:50,0	01:48,2	03:52,9	03:51,2	08:09,4	1

# Altersklasse 10 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:30,2	01:06,5	02:26,1	05:05,8	10:37,0	20:15,3	00:38,6	01:24,6	03:01,7	00:32,7	01:14,0	02:50,8	00:35,1	01:16,6	02:44,9	02:44,0	05:46,7	20
19	00:30,6	01:07,6	02:28,4	05:10,5	10:46,8	20:34,1	00:39,2	01:25,9	03:04,5	00:33,2	01:15,1	02:53,4	00:35,6	01:17,7	02:47,4	02:46,5	05:52,1	19
18	00:31,1	01:08,6	02:30,7	05:15,2	10:56,7	20:52,9	00:39,8	01:27,3	03:07,3	00:33,7	01:16,2	02:56,0	00:36,2	01:18,9	02:50,0	02:49,1	05:57,4	18
17	00:31,6	01:09,6	02:32,9	05:20,0	11:06,5	21:11,7	00:40,4	01:28,6	03:10,1	00:34,2	01:17,4	02:58,7	00:36,7	01:20,1	02:52,5	02:51,6	06:02,8	17
16	00:32,0	01:10,7	02:35,2	05:24,7	11:16,4	21:30,5	00:41,0	01:29,9	03:12,9	00:34,7	01:18,5	03:01,3	00:37,3	01:21,3	02:55,1	02:54,1	06:08,1	16
15	00:32,5	01:11,7	02:37,4	05:29,4	11:26,2	21:49,3	00:41,6	01:31,2	03:15,7	00:35,2	01:19,7	03:04,0	00:37,8	01:22,5	02:57,6	02:56,7	06:13,5	15
14	00:33,0	01:12,7	02:39,7	05:34,1	11:36,1	22:08,1	00:42,2	01:32,5	03:18,6	00:35,8	01:20,8	03:06,6	00:38,3	01:23,7	03:00,2	02:59,2	06:18,9	14
13	00:33,4	01:13,7	02:41,9	05:38,9	11:45,9	22:26,9	00:42,8	01:33,8	03:21,4	00:36,3	01:22,0	03:09,2	00:38,9	01:24,8	03:02,7	03:01,8	06:24,2	13
12	00:33,9	01:14,8	02:44,2	05:43,6	11:55,8	22:45,7	00:43,4	01:35,1	03:24,2	00:36,8	01:23,1	03:11,9	00:39,4	01:26,0	03:05,3	03:04,3	06:29,6	12
11	00:34,4	01:15,8	02:46,5	05:48,3	12:05,6	23:04,5	00:43,9	01:36,4	03:27,0	00:37,3	01:24,2	03:14,5	00:40,0	01:27,2	03:07,8	03:06,8	06:35,0	11
10	00:34,8	01:16,8	02:48,7	05:53,1	12:15,5	23:23,3	00:44,5	01:37,7	03:29,8	00:37,8	01:25,4	03:17,2	00:40,5	01:28,4	03:10,4	03:09,4	06:40,3	10
9	00:35,3	01:17,9	02:51,0	05:57,8	12:25,3	23:42,1	00:45,1	01:39,0	03:32,6	00:38,3	01:26,5	03:19,8	00:41,1	01:29,6	03:12,9	03:11,9	06:45,7	9
8	00:35,8	01:18,9	02:53,2	06:02,5	12:35,2	24:00,9	00:45,7	01:40,3	03:35,4	00:38,8	01:27,7	03:22,4	00:41,6	01:30,8	03:15,5	03:14,4	06:51,0	8
7	00:36,2	01:19,9	02:55,5	06:07,2	12:45,0	24:19,7	00:46,3	01:41,6	03:38,2	00:39,3	01:28,8	03:25,1	00:42,1	01:31,9	03:18,0	03:17,0	06:56,4	7
6	00:36,7	01:20,9	02:57,8	06:12,0	12:54,9	24:38,4	00:46,9	01:43,0	03:41,0	00:39,8	01:30,0	03:27,7	00:42,7	01:33,1	03:20,6	03:19,5	07:01,8	6
5	00:37,2	01:22,0	03:00,0	06:16,7	13:04,7	24:57,2	00:47,5	01:44,3	03:43,8	00:40,3	01:31,1	03:30,4	00:43,2	01:34,3	03:23,1	03:22,0	07:07,1	5
4	00:37,6	01:23,0	03:02,3	06:21,4	13:14,6	25:16,0	00:48,1	01:45,6	03:46,6	00:40,8	01:32,3	03:33,0	00:43,8	01:35,5	03:25,6	03:24,6	07:12,5	4
3	00:38,1	01:24,0	03:04,5	06:26,2	13:24,4	25:34,8	00:48,7	01:46,9	03:49,5	00:41,3	01:33,4	03:35,6	00:44,3	01:36,7	03:28,2	03:27,1	07:17,8	3
2	00:38,6	01:25,1	03:06,8	06:30,9	13:34,3	25:53,6	00:49,3	01:48,2	03:52,3	00:41,8	01:34,5	03:38,3	00:44,9	01:37,9	03:30,7	03:29,7	07:23,2	2
1	00:39,0	01:26,1	03:09,1	06:35,6	13:44,1	26:12,4	00:49,9	01:49,5	03:55,1	00:42,3	01:35,7	03:40,9	00:45,4	01:39,0	03:33,3	03:32,2	07:28,6	1

# Altersklasse 11 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:28,6	01:02,7	02:16,0	04:47,1	09:55,4	19:33,7	00:36,6	01:18,9	02:51,8	00:30,9	01:09,1	02:36,5	00:33,3	01:12,3	02:34,4	02:33,1	05:25,7	20
19	00:29,0	01:03,7	02:18,1	04:51,5	10:04,6	19:51,8	00:37,1	01:20,1	02:54,5	00:31,3	01:10,2	02:38,9	00:33,8	01:13,4	02:36,8	02:35,5	05:30,7	19
18	00:29,5	01:04,6	02:20,2	04:55,9	10:13,8	20:10,0	00:37,7	01:21,3	02:57,1	00:31,8	01:11,2	02:41,3	00:34,3	01:14,5	02:39,2	02:37,9	05:35,8	18
17	00:29,9	01:05,6	02:22,3	05:00,4	10:23,0	20:28,1	00:38,3	01:22,5	02:59,8	00:32,3	01:12,3	02:43,7	00:34,8	01:15,6	02:41,6	02:40,2	05:40,8	17
16	00:30,3	01:06,6	02:24,4	05:04,8	10:32,2	20:46,3	00:38,8	01:23,7	03:02,4	00:32,8	01:13,4	02:46,1	00:35,3	01:16,8	02:44,0	02:42,6	05:45,8	16
15	00:30,8	01:07,6	02:26,5	05:09,3	10:41,4	21:04,4	00:39,4	01:25,0	03:05,1	00:33,2	01:14,4	02:48,5	00:35,8	01:17,9	02:46,4	02:45,0	05:50,9	15
14	00:31,2	01:08,5	02:28,6	05:13,7	10:50,6	21:22,6	00:40,0	01:26,2	03:07,8	00:33,7	01:15,5	02:51,0	00:36,4	01:19,0	02:48,7	02:47,3	05:55,9	14
13	00:31,7	01:09,5	02:30,7	05:18,1	10:59,8	21:40,7	00:40,5	01:27,4	03:10,4	00:34,2	01:16,6	02:53,4	00:36,9	01:20,1	02:51,1	02:49,7	06:00,9	13
12	00:32,1	01:10,5	02:32,8	05:22,6	11:09,0	21:58,9	00:41,1	01:28,6	03:13,1	00:34,7	01:17,6	02:55,8	00:37,4	01:21,2	02:53,5	02:52,1	06:06,0	12
11	00:32,6	01:11,4	02:35,0	05:27,0	11:18,2	22:17,0	00:41,7	01:29,8	03:15,7	00:35,2	01:18,7	02:58,2	00:37,9	01:22,3	02:55,9	02:54,4	06:11,0	11
10	00:33,0	01:12,4	02:37,1	05:31,4	11:27,4	22:35,2	00:42,2	01:31,1	03:18,4	00:35,6	01:19,8	03:00,6	00:38,4	01:23,5	02:58,3	02:56,8	06:16,0	10
9	00:33,4	01:13,4	02:39,2	05:35,9	11:36,6	22:53,3	00:42,8	01:32,3	03:21,0	00:36,1	01:20,9	03:03,1	00:38,9	01:24,6	03:00,7	02:59,2	06:21,1	9
8	00:33,9	01:14,3	02:41,3	05:40,3	11:45,9	23:11,5	00:43,4	01:33,5	03:23,7	00:36,6	01:21,9	03:05,5	00:39,4	01:25,7	03:03,1	03:01,5	06:26,1	8
7	00:34,3	01:15,3	02:43,4	05:44,8	11:55,1	23:29,6	00:43,9	01:34,7	03:26,4	00:37,1	01:23,0	03:07,9	00:40,0	01:26,8	03:05,5	03:03,9	06:31,2	7
6	00:34,8	01:16,3	02:45,5	05:49,2	12:04,3	23:47,8	00:44,5	01:35,9	03:29,0	00:37,5	01:24,1	03:10,3	00:40,5	01:27,9	03:07,8	03:06,3	06:36,2	6
5	00:35,2	01:17,3	02:47,6	05:53,6	12:13,5	24:05,9	00:45,0	01:37,2	03:31,7	00:38,0	01:25,1	03:12,7	00:41,0	01:29,1	03:10,2	03:08,6	06:41,2	5
4	00:35,6	01:18,2	02:49,7	05:58,1	12:22,7	24:24,1	00:45,6	01:38,4	03:34,3	00:38,5	01:26,2	03:15,2	00:41,5	01:30,2	03:12,6	03:11,0	06:46,3	4
3	00:36,1	01:19,2	02:51,8	06:02,5	12:31,9	24:42,2	00:46,2	01:39,6	03:37,0	00:39,0	01:27,3	03:17,6	00:42,0	01:31,3	03:15,0	03:13,4	06:51,3	3
2	00:36,5	01:20,2	02:53,9	06:07,0	12:41,1	25:00,4	00:46,7	01:40,8	03:39,6	00:39,5	01:28,3	03:20,0	00:42,5	01:32,4	03:17,4	03:15,8	06:56,3	2
1	00:37,0	01:21,1	02:56,0	06:11,4	12:50,3	25:18,5	00:47,3	01:42,0	03:42,3	00:39,9	01:29,4	03:22,4	00:43,0	01:33,5	03:19,8	03:18,1	07:01,4	1

# Altersklasse 12 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:27,4	00:59,7	02:10,3	04:32,0	09:25,6	18:37,6	00:34,7	01:15,3	02:42,0	00:29,2	01:05,5	02:27,0	00:31,5	01:07,1	02:26,3	02:25,4	05:09,0	20
19	00:27,8	01:00,6	02:12,3	04:36,2	09:34,3	18:54,8	00:35,2	01:16,4	02:44,5	00:29,7	01:06,5	02:29,3	00:32,0	01:08,2	02:28,6	02:27,6	05:13,8	19
18	00:28,2	01:01,6	02:14,4	04:40,4	09:43,1	19:12,1	00:35,8	01:17,6	02:47,0	00:30,1	01:07,5	02:31,6	00:32,4	01:09,2	02:30,8	02:29,9	05:18,6	18
17	00:28,6	01:02,5	02:16,4	04:44,6	09:51,8	19:29,4	00:36,3	01:18,7	02:49,5	00:30,6	01:08,5	02:33,9	00:32,9	01:10,2	02:33,1	02:32,1	05:23,3	17
16	00:29,0	01:03,4	02:18,4	04:48,8	10:00,6	19:46,7	00:36,9	01:19,9	02:52,0	00:31,0	01:09,5	02:36,1	00:33,4	01:11,3	02:35,4	02:34,4	05:28,1	16
15	00:29,5	01:04,3	02:20,4	04:53,0	10:09,3	20:04,0	00:37,4	01:21,1	02:54,5	00:31,5	01:10,5	02:38,4	00:33,9	01:12,3	02:37,6	02:36,6	05:32,9	15
14	00:29,9	01:05,3	02:22,4	04:57,2	10:18,1	20:21,3	00:37,9	01:22,2	02:57,0	00:31,9	01:11,5	02:40,7	00:34,4	01:13,4	02:39,9	02:38,8	05:37,7	14
13	00:30,3	01:06,2	02:24,4	05:01,4	10:26,8	20:38,5	00:38,5	01:23,4	02:59,5	00:32,4	01:12,5	02:43,0	00:34,9	01:14,4	02:42,2	02:41,1	05:42,4	13
12	00:30,7	01:07,1	02:26,4	05:05,6	10:35,6	20:55,8	00:39,0	01:24,6	03:02,0	00:32,8	01:13,6	02:45,2	00:35,4	01:15,4	02:44,4	02:43,3	05:47,2	12
11	00:31,2	01:08,0	02:28,5	05:09,8	10:44,3	21:13,1	00:39,5	01:25,7	03:04,5	00:33,3	01:14,6	02:47,5	00:35,8	01:16,5	02:46,7	02:45,6	05:52,0	11
10	00:31,6	01:08,9	02:30,5	05:14,1	10:53,1	21:30,4	00:40,1	01:26,9	03:07,0	00:33,7	01:15,6	02:49,8	00:36,3	01:17,5	02:48,9	02:47,8	05:56,8	10
9	00:32,0	01:09,9	02:32,5	05:18,3	11:01,8	21:47,7	00:40,6	01:28,1	03:09,5	00:34,2	01:16,6	02:52,0	00:36,8	01:18,5	02:51,2	02:50,1	06:01,6	9
8	00:32,4	01:10,8	02:34,5	05:22,5	11:10,6	22:05,0	00:41,1	01:29,2	03:12,0	00:34,6	01:17,6	02:54,3	00:37,3	01:19,6	02:53,5	02:52,3	06:06,3	8
7	00:32,9	01:11,7	02:36,5	05:26,7	11:19,3	22:22,2	00:41,7	01:30,4	03:14,5	00:35,1	01:18,6	02:56,6	00:37,8	01:20,6	02:55,7	02:54,6	06:11,1	7
6	00:33,3	01:12,6	02:38,5	05:30,9	11:28,1	22:39,5	00:42,2	01:31,5	03:17,0	00:35,5	01:19,6	02:58,9	00:38,3	01:21,7	02:58,0	02:56,8	06:15,9	6
5	00:33,7	01:13,6	02:40,5	05:35,1	11:36,8	22:56,8	00:42,8	01:32,7	03:19,5	00:36,0	01:20,6	03:01,1	00:38,8	01:22,7	03:00,3	02:59,1	06:20,7	5
4	00:34,1	01:14,5	02:42,6	05:39,3	11:45,5	23:14,1	00:43,3	01:33,9	03:22,0	00:36,4	01:21,7	03:03,4	00:39,3	01:23,7	03:02,5	03:01,3	06:25,4	4
3	00:34,5	01:15,4	02:44,6	05:43,5	11:54,3	23:31,4	00:43,8	01:35,0	03:24,5	00:36,9	01:22,7	03:05,7	00:39,7	01:24,8	03:04,8	03:03,6	06:30,2	3
2	00:35,0	01:16,3	02:46,6	05:47,7	12:03,0	23:48,6	00:44,4	01:36,2	03:27,0	00:37,3	01:23,7	03:08,0	00:40,2	01:25,8	03:07,0	03:05,8	06:35,0	2
1	00:35,4	01:17,3	02:48,6	05:51,9	12:11,8	24:05,9	00:44,9	01:37,4	03:29,5	00:37,8	01:24,7	03:10,2	00:40,7	01:26,8	03:09,3	03:08,1	06:39,8	1

# Altersklasse 13 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:26,3	00:57,1	02:03,0	04:19,7	08:57,4	17:39,8	00:33,5	01:12,7	02:36,2	00:28,1	01:02,1	02:18,2	00:30,3	01:04,5	02:18,5	02:20,2	04:57,7	20
19	00:26,7	00:58,0	02:05,0	04:23,7	09:05,7	17:56,1	00:34,0	01:13,8	02:38,6	00:28,5	01:03,0	02:20,3	00:30,8	01:05,5	02:20,6	02:22,4	05:02,3	19
18	00:27,1	00:58,8	02:06,9	04:27,7	09:14,0	18:12,5	00:34,6	01:14,9	02:41,0	00:29,0	01:04,0	02:22,4	00:31,2	01:06,5	02:22,8	02:24,6	05:06,9	18
17	00:27,5	00:59,7	02:08,8	04:31,8	09:22,3	18:28,9	00:35,1	01:16,0	02:43,4	00:29,4	01:05,0	02:24,6	00:31,7	01:07,5	02:24,9	02:26,7	05:11,5	17
16	00:27,9	01:00,6	02:10,7	04:35,8	09:30,6	18:45,3	00:35,6	01:17,2	02:45,8	00:29,8	01:05,9	02:26,7	00:32,2	01:08,5	02:27,1	02:28,9	05:16,1	16
15	00:28,3	01:01,5	02:12,6	04:39,8	09:38,9	19:01,7	00:36,1	01:18,3	02:48,3	00:30,3	01:06,9	02:28,8	00:32,6	01:09,5	02:29,2	02:31,1	05:20,7	15
14	00:28,7	01:02,4	02:14,5	04:43,8	09:47,2	19:18,1	00:36,6	01:19,4	02:50,7	00:30,7	01:07,8	02:31,0	00:33,1	01:10,5	02:31,4	02:33,2	05:25,3	14
13	00:29,1	01:03,2	02:16,4	04:47,8	09:55,5	19:34,5	00:37,2	01:20,5	02:53,1	00:31,1	01:08,8	02:33,1	00:33,6	01:11,5	02:33,5	02:35,4	05:29,9	13
12	00:29,5	01:04,1	02:18,3	04:51,8	10:03,8	19:50,9	00:37,7	01:21,7	02:55,5	00:31,6	01:09,8	02:35,3	00:34,0	01:12,5	02:35,6	02:37,6	05:34,5	12
11	00:30,0	01:05,0	02:20,2	04:55,9	10:12,1	20:07,2	00:38,2	01:22,8	02:57,9	00:32,0	01:10,7	02:37,4	00:34,5	01:13,5	02:37,8	02:39,8	05:39,1	11
10	00:30,4	01:05,9	02:22,1	04:59,9	10:20,5	20:23,6	00:38,7	01:23,9	03:00,3	00:32,4	01:11,7	02:39,5	00:35,0	01:14,5	02:39,9	02:41,9	05:43,7	10
9	00:30,8	01:06,8	02:24,0	05:03,9	10:28,8	20:40,0	00:39,2	01:25,0	03:02,7	00:32,9	01:12,6	02:41,7	00:35,4	01:15,5	02:42,1	02:44,1	05:48,3	9
8	00:31,2	01:07,7	02:25,9	05:07,9	10:37,1	20:56,4	00:39,7	01:26,1	03:05,2	00:33,3	01:13,6	02:43,8	00:35,9	01:16,5	02:44,2	02:46,3	05:53,0	8
7	00:31,6	01:08,5	02:27,8	05:11,9	10:45,4	21:12,8	00:40,3	01:27,3	03:07,6	00:33,7	01:14,6	02:45,9	00:36,4	01:17,5	02:46,3	02:48,4	05:57,6	7
6	00:32,0	01:09,4	02:29,7	05:15,9	10:53,7	21:29,2	00:40,8	01:28,4	03:10,0	00:34,2	01:15,5	02:48,1	00:36,9	01:18,5	02:48,5	02:50,6	06:02,2	6
5	00:32,4	01:10,3	02:31,6	05:20,0	11:02,0	21:45,6	00:41,3	01:29,5	03:12,4	00:34,6	01:16,5	02:50,2	00:37,3	01:19,5	02:50,6	02:52,8	06:06,8	5
4	00:32,8	01:11,2	02:33,5	05:24,0	11:10,3	22:02,0	00:41,8	01:30,6	03:14,8	00:35,0	01:17,4	02:52,3	00:37,8	01:20,5	02:52,8	02:54,9	06:11,4	4
3	00:33,2	01:12,1	02:35,4	05:28,0	11:18,6	22:18,4	00:42,3	01:31,8	03:17,2	00:35,5	01:18,4	02:54,5	00:38,3	01:21,5	02:54,9	02:57,1	06:16,0	3
2	00:33,6	01:13,0	02:37,3	05:32,0	11:26,9	22:34,7	00:42,9	01:32,9	03:19,7	00:35,9	01:19,4	02:56,6	00:38,7	01:22,5	02:57,1	02:59,3	06:20,6	2
1	00:34,0	01:13,8	02:39,2	05:36,0	11:35,2	22:51,1	00:43,4	01:34,0	03:22,1	00:36,3	01:20,3	02:58,8	00:39,2	01:23,5	02:59,2	03:01,4	06:25,2	1

# Altersklasse 14 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:26,0	00:55,8	02:00,6	04:14,0	08:41,8	17:03,1	00:32,8	01:11,0	02:32,5	00:27,5	01:00,8	02:14,4	00:29,8	01:03,2	02:15,4	02:17,3	04:52,0	20
19	00:26,4	00:56,7	02:02,4	04:18,0	08:49,8	17:18,9	00:33,3	01:12,1	02:34,9	00:27,9	01:01,7	02:16,5	00:30,3	01:04,2	02:17,5	02:19,4	04:56,5	19
18	00:26,8	00:57,5	02:04,3	04:21,9	08:57,9	17:34,7	00:33,8	01:13,2	02:37,2	00:28,4	01:02,7	02:18,5	00:30,7	01:05,2	02:19,6	02:21,5	05:01,0	18
17	00:27,2	00:58,4	02:06,2	04:25,8	09:06,0	17:50,5	00:34,3	01:14,3	02:39,6	00:28,8	01:03,6	02:20,6	00:31,2	01:06,2	02:21,7	02:23,7	05:05,5	17
16	00:27,6	00:59,3	02:08,0	04:29,7	09:14,1	18:06,4	00:34,8	01:15,4	02:42,0	00:29,2	01:04,5	02:22,7	00:31,7	01:07,1	02:23,8	02:25,8	05:10,0	16
15	00:28,0	01:00,1	02:09,9	04:33,7	09:22,1	18:22,2	00:35,3	01:16,5	02:44,3	00:29,6	01:05,5	02:24,8	00:32,1	01:08,1	02:25,9	02:27,9	05:14,5	15
14	00:28,4	01:01,0	02:11,8	04:37,6	09:30,2	18:38,0	00:35,8	01:17,6	02:46,7	00:30,1	01:06,4	02:26,9	00:32,6	01:09,1	02:28,0	02:30,0	05:19,1	14
13	00:28,8	01:01,8	02:13,6	04:41,5	09:38,3	18:53,8	00:36,3	01:18,7	02:49,0	00:30,5	01:07,4	02:28,9	00:33,0	01:10,1	02:30,1	02:32,2	05:23,6	13
12	00:29,2	01:02,7	02:15,5	04:45,5	09:46,3	19:09,6	00:36,9	01:19,8	02:51,4	00:30,9	01:08,3	02:31,0	00:33,5	01:11,1	02:32,1	02:34,3	05:28,1	12
11	00:29,6	01:03,6	02:17,3	04:49,4	09:54,4	19:25,5	00:37,4	01:20,9	02:53,8	00:31,4	01:09,2	02:33,1	00:34,0	01:12,0	02:34,2	02:36,4	05:32,6	11
10	00:30,0	01:04,4	02:19,2	04:53,3	10:02,5	19:41,3	00:37,9	01:22,0	02:56,1	00:31,8	01:10,2	02:35,2	00:34,4	01:13,0	02:36,3	02:38,5	05:37,1	10
9	00:30,4	01:05,3	02:21,1	04:57,2	10:10,5	19:57,1	00:38,4	01:23,1	02:58,5	00:32,2	01:11,1	02:37,2	00:34,9	01:14,0	02:38,4	02:40,7	05:41,6	9
8	00:30,8	01:06,2	02:22,9	05:01,2	10:18,6	20:12,9	00:38,9	01:24,2	03:00,8	00:32,6	01:12,1	02:39,3	00:35,3	01:15,0	02:40,5	02:42,8	05:46,1	8
7	00:31,2	01:07,0	02:24,8	05:05,1	10:26,7	20:28,7	00:39,4	01:25,3	03:03,2	00:33,1	01:13,0	02:41,4	00:35,8	01:15,9	02:42,6	02:44,9	05:50,7	7
6	00:31,6	01:07,9	02:26,7	05:09,0	10:34,7	20:44,6	00:39,9	01:26,4	03:05,6	00:33,5	01:13,9	02:43,5	00:36,3	01:16,9	02:44,7	02:47,0	05:55,2	6
5	00:32,0	01:08,7	02:28,5	05:13,0	10:42,8	21:00,4	00:40,4	01:27,5	03:07,9	00:33,9	01:14,9	02:45,6	00:36,7	01:17,9	02:46,8	02:49,2	05:59,7	5
4	00:32,4	01:09,6	02:30,4	05:16,9	10:50,9	21:16,2	00:40,9	01:28,6	03:10,3	00:34,3	01:15,8	02:47,6	00:37,2	01:18,9	02:48,9	02:51,3	06:04,2	4
3	00:32,8	01:10,5	02:32,3	05:20,8	10:58,9	21:32,0	00:41,4	01:29,7	03:12,6	00:34,8	01:16,8	02:49,7	00:37,6	01:19,9	02:51,0	02:53,4	06:08,7	3
2	00:33,2	01:11,3	02:34,1	05:24,7	11:07,0	21:47,8	00:41,9	01:30,8	03:15,0	00:35,2	01:17,7	02:51,8	00:38,1	01:20,8	02:53,1	02:55,5	06:13,2	2
1	00:33,6	01:12,2	02:36,0	05:28,7	11:15,1	22:03,7	00:42,4	01:31,9	03:17,3	00:35,6	01:18,6	02:53,9	00:38,6	01:21,8	02:55,2	02:57,6	06:17,7	1

# Altersklasse 15 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:25,6	00:55,1	01:59,0	04:10,8	08:38,4	16:43,7	00:32,4	01:10,0	02:30,2	00:27,2	00:59,9	02:12,2	00:29,4	01:02,4	02:13,5	02:15,8	04:46,2	20
19	00:26,0	00:55,9	02:00,9	04:14,7	08:46,4	16:59,2	00:32,9	01:11,0	02:32,5	00:27,6	01:00,8	02:14,3	00:29,8	01:03,3	02:15,6	02:17,9	04:50,6	19
18	00:26,4	00:56,8	02:02,7	04:18,6	08:54,4	17:14,8	00:33,4	01:12,1	02:34,9	00:28,0	01:01,8	02:16,3	00:30,3	01:04,3	02:17,7	02:20,0	04:55,0	18
17	00:26,8	00:57,6	02:04,6	04:22,5	09:02,4	17:30,3	00:33,9	01:13,2	02:37,2	00:28,4	01:02,7	02:18,4	00:30,7	01:05,3	02:19,7	02:22,1	04:59,4	17
16	00:27,2	00:58,5	02:06,4	04:26,3	09:10,4	17:45,8	00:34,4	01:14,3	02:39,5	00:28,8	01:03,6	02:20,4	00:31,2	01:06,2	02:21,8	02:24,2	05:03,9	16
15	00:27,6	00:59,3	02:08,2	04:30,2	09:18,4	18:01,3	00:34,9	01:15,4	02:41,8	00:29,3	01:04,5	02:22,4	00:31,7	01:07,2	02:23,9	02:26,3	05:08,3	15
14	00:28,0	01:00,2	02:10,1	04:34,1	09:26,5	18:16,8	00:35,4	01:16,5	02:44,2	00:29,7	01:05,5	02:24,5	00:32,1	01:08,2	02:25,9	02:28,4	05:12,7	14
13	00:28,4	01:01,0	02:11,9	04:38,0	09:34,5	18:32,4	00:35,9	01:17,5	02:46,5	00:30,1	01:06,4	02:26,5	00:32,6	01:09,1	02:28,0	02:30,5	05:17,1	13
12	00:28,8	01:01,9	02:13,8	04:41,8	09:42,5	18:47,9	00:36,4	01:18,6	02:48,8	00:30,5	01:07,3	02:28,6	00:33,0	01:10,1	02:30,0	02:32,6	05:21,6	12
11	00:29,2	01:02,7	02:15,6	04:45,7	09:50,5	19:03,4	00:36,9	01:19,7	02:51,1	00:31,0	01:08,2	02:30,6	00:33,5	01:11,1	02:32,1	02:34,7	05:26,0	11
10	00:29,6	01:03,6	02:17,5	04:49,6	09:58,5	19:18,9	00:37,4	01:20,8	02:53,4	00:31,4	01:09,2	02:32,7	00:33,9	01:12,0	02:34,2	02:36,8	05:30,4	10
9	00:30,0	01:04,4	02:19,3	04:53,5	10:06,5	19:34,4	00:37,9	01:21,9	02:55,8	00:31,8	01:10,1	02:34,7	00:34,4	01:13,0	02:36,2	02:38,9	05:34,8	9
8	00:30,4	01:05,3	02:21,1	04:57,4	10:14,6	19:50,0	00:38,4	01:22,9	02:58,1	00:32,2	01:11,0	02:36,8	00:34,8	01:14,0	02:38,3	02:41,0	05:39,3	8
7	00:30,8	01:06,1	02:23,0	05:01,2	10:22,6	20:05,5	00:38,9	01:24,0	03:00,4	00:32,6	01:12,0	02:38,8	00:35,3	01:14,9	02:40,4	02:43,1	05:43,7	7
6	00:31,2	01:07,0	02:24,8	05:05,1	10:30,6	20:21,0	00:39,4	01:25,1	03:02,7	00:33,1	01:12,9	02:40,9	00:35,7	01:15,9	02:42,4	02:45,2	05:48,1	6
5	00:31,6	01:07,8	02:26,7	05:09,0	10:38,6	20:36,5	00:39,9	01:26,2	03:05,1	00:33,5	01:13,8	02:42,9	00:36,2	01:16,9	02:44,5	02:47,3	05:52,5	5
4	00:32,0	01:08,7	02:28,5	05:12,9	10:46,6	20:52,0	00:40,4	01:27,3	03:07,4	00:33,9	01:14,7	02:44,9	00:36,7	01:17,8	02:46,6	02:49,4	05:57,0	4
3	00:32,4	01:09,5	02:30,3	05:16,8	10:54,6	21:07,6	00:40,9	01:28,4	03:09,7	00:34,3	01:15,7	02:47,0	00:37,1	01:18,8	02:48,6	02:51,5	06:01,4	3
2	00:32,7	01:10,4	02:32,2	05:20,6	11:02,7	21:23,1	00:41,4	01:29,4	03:12,0	00:34,7	01:16,6	02:49,0	00:37,6	01:19,7	02:50,7	02:53,6	06:05,8	2
1	00:33,1	01:11,2	02:34,0	05:24,5	11:10,7	21:38,6	00:41,9	01:30,5	03:14,3	00:35,2	01:17,5	02:51,1	00:38,0	01:20,7	02:52,8	02:55,7	06:10,2	1

# Altersklasse 16 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:25,3	00:54,8	01:58,5	04:08,8	08:32,9	16:39,1	00:31,9	01:08,5	02:27,4	00:26,9	00:59,5	02:10,8	00:29,0	01:01,8	02:11,8	02:14,3	04:44,7	20
19	00:25,7	00:55,7	02:00,4	04:12,6	08:40,9	16:54,5	00:32,4	01:09,6	02:29,7	00:27,4	01:00,4	02:12,8	00:29,5	01:02,8	02:13,9	02:16,3	04:49,1	19
18	00:26,1	00:56,5	02:02,2	04:16,4	08:48,8	17:10,0	00:32,9	01:10,7	02:31,9	00:27,8	01:01,4	02:14,8	00:29,9	01:03,7	02:15,9	02:18,4	04:53,5	18
17	00:26,5	00:57,4	02:04,0	04:20,3	08:56,7	17:25,4	00:33,4	01:11,7	02:34,2	00:28,2	01:02,3	02:16,8	00:30,4	01:04,7	02:17,9	02:20,5	04:58,0	17
16	00:26,9	00:58,2	02:05,9	04:24,1	09:04,7	17:40,9	00:33,9	01:12,8	02:36,5	00:28,6	01:03,2	02:18,9	00:30,8	01:05,6	02:20,0	02:22,6	05:02,4	16
15	00:27,3	00:59,1	02:07,7	04:28,0	09:12,6	17:56,3	00:34,4	01:13,8	02:38,8	00:29,0	01:04,1	02:20,9	00:31,3	01:06,6	02:22,0	02:24,6	05:06,8	15
14	00:27,7	00:59,9	02:09,5	04:31,8	09:20,5	18:11,8	00:34,9	01:14,9	02:41,1	00:29,4	01:05,0	02:22,9	00:31,7	01:07,6	02:24,0	02:26,7	05:11,2	14
13	00:28,1	01:00,7	02:11,4	04:35,7	09:28,5	18:27,2	00:35,4	01:16,0	02:43,3	00:29,9	01:06,0	02:24,9	00:32,2	01:08,5	02:26,1	02:28,8	05:15,6	13
12	00:28,5	01:01,6	02:13,2	04:39,5	09:36,4	18:42,7	00:35,9	01:17,0	02:45,6	00:30,3	01:06,9	02:27,0	00:32,6	01:09,5	02:28,1	02:30,9	05:20,0	12
11	00:28,9	01:02,4	02:15,0	04:43,4	09:44,3	18:58,1	00:36,3	01:18,1	02:47,9	00:30,7	01:07,8	02:29,0	00:33,1	01:10,4	02:30,2	02:32,9	05:24,4	11
10	00:29,2	01:03,3	02:16,9	04:47,2	09:52,3	19:13,6	00:36,8	01:19,1	02:50,2	00:31,1	01:08,7	02:31,0	00:33,5	01:11,4	02:32,2	02:35,0	05:28,8	10
9	00:29,6	01:04,1	02:18,7	04:51,1	10:00,2	19:29,0	00:37,3	01:20,2	02:52,5	00:31,5	01:09,6	02:33,0	00:34,0	01:12,3	02:34,2	02:37,1	05:33,2	9
8	00:30,0	01:05,0	02:20,5	04:54,9	10:08,1	19:44,5	00:37,8	01:21,3	02:54,7	00:31,9	01:10,6	02:35,0	00:34,4	01:13,3	02:36,3	02:39,2	05:37,6	8
7	00:30,4	01:05,8	02:22,4	04:58,8	10:16,0	19:59,9	00:38,3	01:22,3	02:57,0	00:32,4	01:11,5	02:37,1	00:34,9	01:14,2	02:38,3	02:41,3	05:42,0	7
6	00:30,8	01:06,7	02:24,2	05:02,6	10:24,0	20:15,4	00:38,8	01:23,4	02:59,3	00:32,8	01:12,4	02:39,1	00:35,3	01:15,2	02:40,4	02:43,3	05:46,4	6
5	00:31,2	01:07,5	02:26,0	05:06,5	10:31,9	20:30,8	00:39,3	01:24,4	03:01,6	00:33,2	01:13,3	02:41,1	00:35,8	01:16,2	02:42,4	02:45,4	05:50,8	5
4	00:31,6	01:08,4	02:27,9	05:10,3	10:39,8	20:46,3	00:39,8	01:25,5	03:03,9	00:33,6	01:14,2	02:43,1	00:36,2	01:17,1	02:44,4	02:47,5	05:55,2	4
3	00:32,0	01:09,2	02:29,7	05:14,2	10:47,8	21:01,7	00:40,3	01:26,6	03:06,1	00:34,0	01:15,2	02:45,2	00:36,7	01:18,1	02:46,5	02:49,6	05:59,6	3
2	00:32,4	01:10,1	02:31,5	05:18,0	10:55,7	21:17,2	00:40,8	01:27,6	03:08,4	00:34,4	01:16,1	02:47,2	00:37,1	01:19,0	02:48,5	02:51,6	06:04,0	2
1	00:32,8	01:10,9	02:33,4	05:21,8	11:03,6	21:32,6	00:41,3	01:28,7	03:10,7	00:34,9	01:17,0	02:49,2	00:37,6	01:20,0	02:50,5	02:53,7	06:08,4	1

# Altersklasse 17 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:25,0	00:54,5	01:57,3	04:06,9	08:28,9	16:33,3	00:31,7	01:08,4	02:25,6	00:26,7	00:59,2	02:10,0	00:28,7	01:01,2	02:11,1	02:12,7	04:42,7	20
19	00:25,4	00:55,4	01:59,1	04:10,7	08:36,8	16:48,6	00:32,2	01:09,5	02:27,9	00:27,1	01:00,1	02:12,0	00:29,2	01:02,2	02:13,1	02:14,7	04:47,0	19
18	00:25,7	00:56,2	02:01,0	04:14,5	08:44,6	17:04,0	00:32,7	01:10,6	02:30,2	00:27,6	01:01,0	02:14,0	00:29,6	01:03,1	02:15,1	02:16,8	04:51,4	18
17	00:26,1	00:57,0	02:02,8	04:18,3	08:52,5	17:19,4	00:33,2	01:11,6	02:32,4	00:28,0	01:01,9	02:16,0	00:30,1	01:04,1	02:17,1	02:18,8	04:55,8	17
16	00:26,5	00:57,9	02:04,6	04:22,1	09:00,4	17:34,7	00:33,7	01:12,7	02:34,7	00:28,4	01:02,8	02:18,1	00:30,5	01:05,0	02:19,2	02:20,9	05:00,2	16
15	00:26,9	00:58,7	02:06,4	04:25,9	09:08,2	17:50,1	00:34,2	01:13,7	02:36,9	00:28,8	01:03,7	02:20,1	00:30,9	01:06,0	02:21,2	02:23,0	05:04,5	15
14	00:27,3	00:59,6	02:08,2	04:29,8	09:16,1	18:05,4	00:34,7	01:14,8	02:39,2	00:29,2	01:04,7	02:22,1	00:31,4	01:06,9	02:23,2	02:25,0	05:08,9	14
13	00:27,7	01:00,4	02:10,0	04:33,6	09:24,0	18:20,8	00:35,2	01:15,8	02:41,4	00:29,6	01:05,6	02:24,1	00:31,8	01:07,9	02:25,3	02:27,1	05:13,3	13
12	00:28,1	01:01,3	02:11,8	04:37,4	09:31,8	18:36,2	00:35,6	01:16,9	02:43,7	00:30,0	01:06,5	02:26,1	00:32,3	01:08,8	02:27,3	02:29,1	05:17,6	12
11	00:28,5	01:02,1	02:13,7	04:41,2	09:39,7	18:51,5	00:36,1	01:18,0	02:45,9	00:30,4	01:07,4	02:28,1	00:32,7	01:09,8	02:29,3	02:31,2	05:22,0	11
10	00:28,8	01:02,9	02:15,5	04:45,0	09:47,6	19:06,9	00:36,6	01:19,0	02:48,2	00:30,9	01:08,3	02:30,1	00:33,2	01:10,7	02:31,3	02:33,2	05:26,4	10
9	00:29,2	01:03,8	02:17,3	04:48,8	09:55,5	19:22,2	00:37,1	01:20,1	02:50,4	00:31,3	01:09,2	02:32,1	00:33,6	01:11,7	02:33,4	02:35,3	05:30,8	9
8	00:29,6	01:04,6	02:19,1	04:52,7	10:03,3	19:37,6	00:37,6	01:21,1	02:52,7	00:31,7	01:10,2	02:34,1	00:34,1	01:12,6	02:35,4	02:37,3	05:35,1	8
7	00:30,0	01:05,5	02:20,9	04:56,5	10:11,2	19:53,0	00:38,1	01:22,2	02:54,9	00:32,1	01:11,1	02:36,1	00:34,5	01:13,6	02:37,4	02:39,4	05:39,5	7
6	00:30,4	01:06,3	02:22,7	05:00,3	10:19,1	20:08,3	00:38,6	01:23,3	02:57,2	00:32,5	01:12,0	02:38,2	00:34,9	01:14,5	02:39,4	02:41,4	05:43,9	6
5	00:30,8	01:07,2	02:24,5	05:04,1	10:26,9	20:23,7	00:39,1	01:24,3	02:59,4	00:32,9	01:12,9	02:40,2	00:35,4	01:15,5	02:41,5	02:43,5	05:48,2	5
4	00:31,2	01:08,0	02:26,4	05:07,9	10:34,8	20:39,0	00:39,6	01:25,4	03:01,7	00:33,3	01:13,8	02:42,2	00:35,8	01:16,4	02:43,5	02:45,5	05:52,6	4
3	00:31,5	01:08,8	02:28,2	05:11,8	10:42,7	20:54,4	00:40,1	01:26,4	03:03,9	00:33,7	01:14,7	02:44,2	00:36,3	01:17,3	02:45,5	02:47,6	05:57,0	3
2	00:31,9	01:09,7	02:30,0	05:15,6	10:50,5	21:09,8	00:40,5	01:27,5	03:06,2	00:34,2	01:15,6	02:46,2	00:36,7	01:18,3	02:47,6	02:49,6	06:01,4	2
1	00:32,3	01:10,5	02:31,8	05:19,4	10:58,4	21:25,1	00:41,0	01:28,5	03:08,4	00:34,6	01:16,6	02:48,2	00:37,2	01:19,2	02:49,6	02:51,7	06:05,7	1

# Altersklasse 18 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:24,7	00:54,2	01:56,3	04:05,1	08:28,1	16:28,4	00:31,5	01:07,7	02:23,8	00:26,6	00:59,0	02:09,1	00:28,5	01:01,0	02:10,1	02:11,9	04:40,6	20
19	00:25,1	00:55,1	01:58,1	04:08,9	08:35,9	16:43,7	00:32,0	01:08,8	02:26,1	00:27,0	00:59,9	02:11,1	00:29,0	01:02,0	02:12,1	02:14,0	04:44,9	19
18	00:25,5	00:55,9	01:59,9	04:12,7	08:43,8	16:59,0	00:32,5	01:09,8	02:28,3	00:27,4	01:00,8	02:13,1	00:29,4	01:02,9	02:14,2	02:16,0	04:49,3	18
17	00:25,9	00:56,7	02:01,7	04:16,5	08:51,7	17:14,3	00:33,0	01:10,8	02:30,5	00:27,8	01:01,7	02:15,1	00:29,8	01:03,8	02:16,2	02:18,0	04:53,6	17
16	00:26,3	00:57,6	02:03,4	04:20,3	08:59,5	17:29,6	00:33,5	01:11,9	02:32,7	00:28,2	01:02,6	02:17,1	00:30,3	01:04,8	02:18,2	02:20,1	04:57,9	16
15	00:26,6	00:58,4	02:05,2	04:24,1	09:07,4	17:44,8	00:34,0	01:12,9	02:35,0	00:28,6	01:03,5	02:19,1	00:30,7	01:05,7	02:20,2	02:22,1	05:02,3	15
14	00:27,0	00:59,3	02:07,0	04:27,9	09:15,2	18:00,1	00:34,4	01:14,0	02:37,2	00:29,0	01:04,4	02:21,1	00:31,2	01:06,7	02:22,2	02:24,2	05:06,6	14
13	00:27,4	01:00,1	02:08,8	04:31,6	09:23,1	18:15,4	00:34,9	01:15,0	02:39,4	00:29,5	01:05,4	02:23,1	00:31,6	01:07,6	02:24,2	02:26,2	05:11,0	13
12	00:27,8	01:00,9	02:10,6	04:35,4	09:30,9	18:30,7	00:35,4	01:16,1	02:41,6	00:29,9	01:06,3	02:25,1	00:32,0	01:08,6	02:26,2	02:28,2	05:15,3	12
11	00:28,2	01:01,8	02:12,4	04:39,2	09:38,8	18:46,0	00:35,9	01:17,1	02:43,9	00:30,3	01:07,2	02:27,1	00:32,5	01:09,5	02:28,2	02:30,3	05:19,6	11
10	00:28,6	01:02,6	02:14,2	04:43,0	09:46,7	19:01,3	00:36,4	01:18,2	02:46,1	00:30,7	01:08,1	02:29,1	00:32,9	01:10,4	02:30,2	02:32,3	05:24,0	10
9	00:28,9	01:03,4	02:16,0	04:46,8	09:54,5	19:16,6	00:36,9	01:19,2	02:48,3	00:31,1	01:09,0	02:31,1	00:33,4	01:11,4	02:32,3	02:34,4	05:28,3	9
8	00:29,3	01:04,3	02:17,8	04:50,6	10:02,4	19:31,8	00:37,4	01:20,3	02:50,5	00:31,5	01:09,9	02:33,1	00:33,8	01:12,3	02:34,3	02:36,4	05:32,6	8
7	00:29,7	01:05,1	02:19,6	04:54,4	10:10,2	19:47,1	00:37,9	01:21,3	02:52,8	00:31,9	01:10,8	02:35,1	00:34,3	01:13,3	02:36,3	02:38,4	05:37,0	7
6	00:30,1	01:06,0	02:21,4	04:58,2	10:18,1	20:02,4	00:38,3	01:22,4	02:55,0	00:32,3	01:11,7	02:37,1	00:34,7	01:14,2	02:38,3	02:40,5	05:41,3	6
5	00:30,5	01:06,8	02:23,2	05:02,0	10:25,9	20:17,7	00:38,8	01:23,4	02:57,2	00:32,7	01:12,7	02:39,1	00:35,1	01:15,2	02:40,3	02:42,5	05:45,7	5
4	00:30,9	01:07,6	02:25,0	05:05,8	10:33,8	20:33,0	00:39,3	01:24,5	02:59,4	00:33,2	01:13,6	02:41,1	00:35,6	01:16,1	02:42,3	02:44,6	05:50,0	4
3	00:31,2	01:08,5	02:26,8	05:09,5	10:41,7	20:48,3	00:39,8	01:25,5	03:01,7	00:33,6	01:14,5	02:43,1	00:36,0	01:17,1	02:44,3	02:46,6	05:54,3	3
2	00:31,6	01:09,3	02:28,6	05:13,3	10:49,5	21:03,5	00:40,3	01:26,6	03:03,9	00:34,0	01:15,4	02:45,1	00:36,5	01:18,0	02:46,3	02:48,6	05:58,7	2
1	00:32,0	01:10,2	02:30,4	05:17,1	10:57,4	21:18,8	00:40,8	01:27,6	03:06,1	00:34,4	01:16,3	02:47,1	00:36,9	01:18,9	02:48,4	02:50,7	06:03,0	1

# offene Klasse

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:24,4	00:52,8	01:54,6	04:01,7	08:15,8	16:10,0	00:30,8	01:06,5	02:23,5	00:26,3	00:58,0	02:06,8	00:28,2	00:59,8	02:07,9	02:10,4	04:36,2	20
19	00:24,8	00:53,6	01:56,4	04:05,5	08:23,4	16:25,0	00:31,3	01:07,6	02:25,7	00:26,7	00:58,9	02:08,7	00:28,6	01:00,8	02:09,9	02:12,4	04:40,5	19
18	00:25,2	00:54,4	01:58,2	04:09,2	08:31,1	16:40,0	00:31,8	01:08,6	02:27,9	00:27,1	00:59,7	02:10,7	00:29,1	01:01,7	02:11,9	02:14,5	04:44,8	18
17	00:25,5	00:55,3	01:59,9	04:13,0	08:38,8	16:55,0	00:32,2	01:09,6	02:30,2	00:27,5	01:00,6	02:12,6	00:29,5	01:02,6	02:13,9	02:16,5	04:49,0	17
16	00:25,9	00:56,1	02:01,7	04:16,7	08:46,4	17:10,0	00:32,7	01:10,7	02:32,4	00:27,9	01:01,5	02:14,6	00:30,0	01:03,5	02:15,8	02:18,5	04:53,3	16
15	00:26,3	00:56,9	02:03,5	04:20,4	08:54,1	17:25,0	00:33,2	01:11,7	02:34,6	00:28,3	01:02,4	02:16,6	00:30,4	01:04,5	02:17,8	02:20,5	04:57,6	15
14	00:26,7	00:57,7	02:05,3	04:24,2	09:01,8	17:40,0	00:33,7	01:12,7	02:36,8	00:28,7	01:03,3	02:18,5	00:30,8	01:05,4	02:19,8	02:22,5	05:01,8	14
13	00:27,0	00:58,5	02:07,0	04:27,9	09:09,4	17:55,0	00:34,2	01:13,7	02:39,0	00:29,1	01:04,2	02:20,5	00:31,3	01:06,3	02:21,8	02:24,5	05:06,1	13
12	00:27,4	00:59,3	02:08,8	04:31,7	09:17,1	18:10,0	00:34,6	01:14,8	02:41,3	00:29,5	01:05,1	02:22,4	00:31,7	01:07,3	02:23,8	02:26,6	05:10,4	12
11	00:27,8	01:00,2	02:10,6	04:35,4	09:24,8	18:25,0	00:35,1	01:15,8	02:43,5	00:29,9	01:06,0	02:24,4	00:32,1	01:08,2	02:25,7	02:28,6	05:14,7	11
10	00:28,2	01:01,0	02:12,3	04:39,1	09:32,4	18:40,0	00:35,6	01:16,8	02:45,7	00:30,3	01:06,9	02:26,4	00:32,6	01:09,1	02:27,7	02:30,6	05:18,9	10
9	00:28,5	01:01,8	02:14,1	04:42,9	09:40,1	18:55,0	00:36,1	01:17,9	02:47,9	00:30,7	01:07,8	02:28,3	00:33,0	01:10,0	02:29,7	02:32,6	05:23,2	9
8	00:28,9	01:02,6	02:15,9	04:46,6	09:47,8	19:10,0	00:36,5	01:18,9	02:50,1	00:31,1	01:08,7	02:30,3	00:33,4	01:11,0	02:31,7	02:34,6	05:27,5	8
7	00:29,3	01:03,4	02:17,7	04:50,3	09:55,4	19:25,0	00:37,0	01:19,9	02:52,4	00:31,5	01:09,6	02:32,2	00:33,9	01:11,9	02:33,7	02:36,6	05:31,7	7
6	00:29,7	01:04,2	02:19,4	04:54,1	10:03,1	19:40,0	00:37,5	01:21,0	02:54,6	00:31,9	01:10,5	02:34,2	00:34,3	01:12,8	02:35,6	02:38,7	05:36,0	6
5	00:30,1	01:05,1	02:21,2	04:57,8	10:10,8	19:55,0	00:38,0	01:22,0	02:56,8	00:32,3	01:11,4	02:36,2	00:34,7	01:13,7	02:37,6	02:40,7	05:40,3	5
4	00:30,4	01:05,9	02:23,0	05:01,6	10:18,4	20:10,0	00:38,4	01:23,0	02:59,0	00:32,8	01:12,3	02:38,1	00:35,2	01:14,7	02:39,6	02:42,7	05:44,6	4
3	00:30,8	01:06,7	02:24,8	05:05,3	10:26,1	20:25,0	00:38,9	01:24,0	03:01,2	00:33,2	01:13,2	02:40,1	00:35,6	01:15,6	02:41,6	02:44,7	05:48,8	3
2	00:31,2	01:07,5	02:26,5	05:09,0	10:33,8	20:40,0	00:39,4	01:25,1	03:03,4	00:33,6	01:14,1	02:42,0	00:36,1	01:16,5	02:43,5	02:46,7	05:53,1	2
1	00:31,6	01:08,3	02:28,3	05:12,8	10:41,4	20:55,0	00:39,9	01:26,1	03:05,7	00:34,0	01:15,0	02:44,0	00:36,5	01:17,4	02:45,5	02:48,7	05:57,4	1

# Altersklasse 8 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20																03:26,2		20
19	00:34,7	01:22,5	03:02,3	06:27,0	13:29,7	25:36,5	00:46,5	01:44,6	03:49,9	00:40,9	01:40,5	03:56,4	00:41,2	01:31,7	03:36,7	03:29,4	07:35,1	19
18																03:32,6		18
17																03:35,8		17
16																03:39,0		16
15	00:36,8	01:27,5	03:13,4	06:50,6	14:19,0	27:10,1	00:49,3	01:51,0	04:03,9	00:43,4	01:46,6	04:10,8	00:43,7	01:37,3	03:49,9	03:42,2	08:02,8	15
14																03:45,4		14
13																03:48,5		13
12																03:51,7		12
11																03:54,9		11
10																03:58,1		10
9																04:01,3		9
8																04:04,5		8
7																04:07,7		7
6																04:10,9		6
5																04:14,1		5
4																04:17,3		4
3																04:20,4		3
2	00:43,7	01:43,8	03:49,5	08:07,2	16:59,3	32:14,3	00:58,5	02:11,7	04:49,4	00:51,5	02:06,5	04:57,6	00:51,9	01:55,5	04:32,8	04:23,6	09:32,9	2
1	00:44,2	01:45,1	03:52,3	08:13,1	17:11,7	32:37,7	00:59,2	02:13,3	04:52,9	00:52,1	02:08,0	05:01,2	00:52,5	01:56,9	04:36,1	04:26,8	09:39,8	1

# Altersklasse 9 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:32,1	01:12,6	02:41,5	05:37,6	11:57,8	22:33,2	00:42,1	01:33,8	03:27,1	00:37,0	01:27,3	03:23,7	00:37,8	01:24,4	03:06,3	02:59,8	06:41,6	20
19	00:32,6	01:13,7	02:44,0	05:42,8	12:08,9	22:54,1	00:42,7	01:35,2	03:30,3	00:37,5	01:28,7	03:26,9	00:38,4	01:25,7	03:09,2	03:02,5	06:47,8	19
18																03:05,3		18
17																03:08,1		17
16									,							03:10,9		16
15																03:13,7		15
14																03:16,4		14
13																03:19,2		13
12									,							03:22,0		12
11																03:24,8		11
10																03:27,6		10
9																03:30,3		9
8																03:33,1		8
7																03:35,9		7
6																03:38,7		6
5																03:41,5		5
4																03:44,2		4
3																03:47,0		3
2	00:41,0	01:32,8	03:26,5	07:11,5	15:17,7	28:49,8	00:53,8	01:59,9	04:24,7	00:47,2	01:51,6	04:20,4	00:48,3	01:47,9	03:58,2	03:49,8	08:33,4	2
1	00:41,5	01:33,9	03:29,0	07:16,7	15:28,8	29:10,7	00:54,5	02:01,3	04:27,9	00:47,8	01:53,0	04:23,6	00:48,9	01:49,2	04:01,1	03:52,6	08:39,6	1

#### Altersklasse 10 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20																02:44,5		20
19	00:30,2	01:07,0	02:28,0	05:08,3	11:04,3	20:45,4	00:39,6	01:28,3	03:10,3	00:34,0	01:18,0	03:08,6	00:35,9	01:16,9	02:45,5	02:47,1	06:09,0	19
18																02:49,6		18
17																02:52,1		17
16																02:54,7		16
15			•										,			02:57,2		15
14																02:59,8		14
13																03:02,3		13
12																03:04,9		12
11																03:07,4		11
10			•										,			03:10,0		10
9																03:12,5		9
8																03:15,0		8
7																03:17,6		7
6																03:20,1		6
5																03:22,7		5
4																03:25,2		4
3																03:27,8		3
2																03:30,3		2
1	00:38,5	01:25,4	03:08,6	06:32,8	14:06,3	26:26,7	00:50,5	01:52,6	04:02,5	00:43,3	01:39,4	04:00,3	00:45,8	01:37,9	03:30,8	03:32,9	07:50,2	1

#### Altersklasse 11 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:28,1	01:02,6	02:17,6	04:48,5	10:13,0	19:15,6	00:36,9	01:21,9	02:56,5	00:31,3	01:11,6	02:47,5	00:33,2	01:12,0	02:35,2	02:35,5	05:35,1	20
19	00:28,6	01:03,6	02:19,7	04:52,9	10:22,5	19:33,4	00:37,4	01:23,2	02:59,2	00:31,8	01:12,7	02:50,1	00:33,7	01:13,1	02:37,6	02:37,9	05:40,3	19
18																02:40,3		18
17																02:42,7		17
16																02:45,1		16
15																02:47,5		15
14																02:49,9		14
13																02:52,3		13
12									,							02:54,7		12
11																02:57,1		11
10																02:59,5		10
9																03:01,9		9
8																03:04,3		8
7																03:06,7		7
6																03:09,1		6
5																03:11,5		5
4																03:13,9		4
3																03:16,3		3
2																03:18,7		2
1	00:36,4	01:21,0	02:58,0	06:13,2	13:13,1	24:55,1	00:47,7	01:45,9	03:48,3	00:40,5	01:32,7	03:36,7	00:42,9	01:33,2	03:20,8	03:21,1	07:13,6	1

# Altersklasse 12 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20																02:23,4		20
19	00:26,9	00:58,8	02:09,4	04:31,7	09:39,1	18:17,3	00:34,0	01:14,8	02:42,9	00:29,1	01:05,4	02:28,4	00:31,0	01:07,1	02:25,5	02:25,6	05:13,0	19
18																02:27,8		18
17																02:30,0		17
16																02:32,2		16
15	00:28,5	01:02,4	02:17,3	04:48,2	10:14,4	19:24,2	00:36,1	01:19,4	02:52,8	00:30,9	01:09,3	02:37,5	00:32,9	01:11,2	02:34,4	02:34,5	05:32,1	15
14																02:36,7		14
13																02:38,9		13
12																02:41,1		12
11																02:43,3		11
10																02:45,5		10
9																02:47,8		9
8																02:50,0		8
7																02:52,2		7
6																02:54,4		6
5																02:56,6		5
4																02:58,9		4
3																03:01,1		3
2	00:33,8	01:14,0	02:42,9	05:42,0	12:09,0	23:01,4	00:42,8	01:34,2	03:25,0	00:36,7	01:22,3	03:06,9	00:39,1	01:24,5	03:03,2	03:03,3	06:34,1	2
1	00:34,2	01:14,9	02:44,9	05:46,1	12:17,8	23:18,1	00:43,3	01:35,3	03:27,5	00:37,1	01:23,3	03:09,1	00:39,5	01:25,5	03:05,4	03:05,5	06:38,9	1

#### Altersklasse 13 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:25,5	00:54,7	02:01,2	04:15,3	09:03,8	16:54,9	00:31,5	01:09,1	02:31,3	00:27,2	01:00,4	02:16,3	00:29,2	01:02,3	02:15,0	02:15,2	04:48,9	20
19	00:25,9	00:55,6	02:03,1	04:19,2	09:12,2	17:10,6	00:32,0	01:10,1	02:33,6	00:27,6	01:01,3	02:18,4	00:29,6	01:03,2	02:17,1	02:17,3	04:53,3	19
18	00:26,3	00:56,4	02:04,9	04:23,2	09:20,6	17:26,3	00:32,5	01:11,2	02:35,9	00:28,0	01:02,3	02:20,5	00:30,1	01:04,2	02:19,2	02:19,4	04:57,8	18
17	00:26,7	00:57,3	02:06,8	04:27,1	09:29,0	17:42,0	00:33,0	01:12,3	02:38,3	00:28,4	01:03,2	02:22,6	00:30,5	01:05,1	02:21,3	02:21,5	05:02,3	17
16	00:27,0	00:58,1	02:08,7	04:31,1	09:37,4	17:57,7	00:33,5	01:13,3	02:40,6	00:28,8	01:04,1	02:24,7	00:31,0	01:06,1	02:23,4	02:23,6	05:06,7	16
15	00:27,4	00:59,0	02:10,6	04:35,0	09:45,8	18:13,4	00:34,0	01:14,4	02:42,9	00:29,3	01:05,1	02:26,8	00:31,4	01:07,1	02:25,4	02:25,7	05:11,2	15
14	00:27,8	00:59,8	02:12,4	04:39,0	09:54,3	18:29,1	00:34,5	01:15,5	02:45,3	00:29,7	01:06,0	02:28,9	00:31,9	01:08,0	02:27,5	02:27,8	05:15,7	14
13																02:29,8		13
12																02:31,9		12
11																02:34,0		11
10																02:36,1		10
9	00:29,8	01:04,0	02:21,8	04:58,7	10:36,3	19:47,5	00:36,9	01:20,8	02:57,0	00:31,8	01:10,7	02:39,5	00:34,1	01:12,8	02:38,0	02:38,2	05:38,0	9
8	00:30,2	01:04,9	02:23,7	05:02,7	10:44,7	20:03,2	00:37,4	01:21,9	02:59,3	00:32,2	01:11,6	02:41,6	00:34,6	01:13,8	02:40,1	02:40,3	05:42,5	8
7	00:30,6	01:05,7	02:25,6	05:06,6	10:53,1	20:18,9	00:37,9	01:22,9	03:01,7	00:32,6	01:12,5	02:43,7	00:35,0	01:14,8	02:42,1	02:42,4	05:46,9	7
6																02:44,5		6
5																02:46,6		5
4																02:48,7		4
3																02:50,8		3
2																02:52,8		2
1	00:33,0	01:10,8	02:36,8	05:30,3	11:43,6	21:53,1	00:40,8	01:29,3	03:15,7	00:35,1	01:18,1	02:56,3	00:37,7	01:20,5	02:54,7	02:54,9	06:13,7	1

#### Altersklasse 14 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:24,4	00:52,8	01:55,9	04:05,5	08:40,7	16:12,9	00:30,5	01:06,3	02:23,1	00:26,0	00:57,1	02:08,6	00:27,8	00:59,6	02:09,2	02:10,2	04:37,8	20
19	00:24,8	00:53,7	01:57,7	04:09,3	08:48,7	16:28,0	00:30,9	01:07,4	02:25,3	00:26,4	00:57,9	02:10,6	00:28,3	01:00,6	02:11,2	02:12,3	04:42,1	19
18	00:25,1	00:54,5	01:59,5	04:13,1	08:56,8	16:43,0	00:31,4	01:08,4	02:27,5	00:26,8	00:58,8	02:12,6	00:28,7	01:01,5	02:13,2	02:14,3	04:46,4	18
17												02:14,6						17
16	00:25,9	00:56,1	02:03,1	04:20,6	09:12,9	17:13,1	00:32,4	01:10,4	02:31,9	00:27,6	01:00,6	02:16,6	00:29,5	01:03,3	02:17,2	02:18,3	04:55,0	16
15	00:26,3	00:56,9	02:04,9	04:24,4	09:20,9	17:28,2	00:32,8	01:11,5	02:34,1	00:28,0	01:01,5	02:18,6	00:30,0	01:04,2	02:19,2	02:20,3	04:59,3	15
14												02:20,5						14
13												02:22,5						13
12												02:24,5						12
11	00:27,8	01:00,2	02:12,1	04:39,6	09:53,1	18:28,3	00:34,7	01:15,6	02:43,0	00:29,6	01:05,0	02:26,5	00:31,7	01:07,9	02:27,2	02:28,4	05:16,5	11
10												02:28,5						10
9												02:30,5						9
8												02:32,5						8
7												02:34,5						7
6												02:36,5						6
5												02:38,4						5
4												02:40,4						4
3												02:42,4						3
2												02:44,4						2
1	00:31,5	01:08,4	02:30,0	05:17,6	11:13,7	20:58,8	00:39,4	01:25,8	03:05,1	00:33,6	01:13,8	02:46,4	00:36,0	01:17,2	02:47,2	02:48,5	05:59,4	1

#### Altersklasse 15 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:23,6	00:51,5	01:52,6	04:00,4	08:24,5	15:55,5	00:29,7	01:04,8	02:20,6	00:25,2	00:56,2	02:04,1	00:27,1	00:58,0	02:05,7	02:07,1	04:28,2	20
19	00:24,0	00:52,3	01:54,4	04:04,1	08:32,3	16:10,2	00:30,1	01:05,8	02:22,7	00:25,6	00:57,0	02:06,0	00:27,5	00:58,9	02:07,6	02:09,0	04:32,4	19
18														00:59,8				18
17														01:00,7				17
16														01:01,6				16
15														01:02,5				15
14														01:03,4				14
13														01:04,3				13
12														01:05,2				12
11	00:26,9	00:58,7	02:08,3	04:33,8	09:34,7	18:08,4	00:33,8	01:13,8	02:40,1	00:28,7	01:04,0	02:21,4	00:30,9	01:06,1	02:23,2	02:24,7	05:05,6	11
10														01:07,0				10
9														01:07,9				9
8														01:08,8				8
7														01:09,7				7
6														01:10,6				6
5														01:11,5				5
4														01:12,4				4
3														01:13,3				3
2														01:14,2				2
1	00:30,6	01:06,7	02:25,7	05:11,0	10:52,7	20:36,2	00:38,4	01:23,8	03:01,8	00:32,6	01:12,6	02:40,6	00:35,1	01:15,1	02:42,6	02:44,4	05:47,0	1

#### Altersklasse 16 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20			01:50,4													02:03,6		20
19	00:23,5	00:51,2	01:52,1	03:58,6	08:22,8	15:45,1	00:29,6	01:04,3	02:18,5	00:25,0	00:55,3	02:03,1	00:26,9	00:57,3	02:03,8	02:05,5	04:32,4	19
18																02:07,4		18
17																02:09,3		17
16																02:11,2		16
15		,								•			,			02:13,1		15
14																02:15,0		14
13																02:16,9		13
12																02:18,8		12
11																02:20,8		11
10																02:22,7		10
9																02:24,6		9
8																02:26,5		8
7																02:28,4		7
6																02:30,3		6
5																02:32,2		5
4	00:28,9																	4
3																02:36,0		3
2																02:38,0		2
1	00:30,0	01:05,2	02:22,8	05:03,9	10:40,6	20:04,2	00:37,8	01:21,9	02:56,5	00:31,9	01:10,4	02:36,8	00:34,3	01:13,0	02:37,8	02:39,9	05:47,0	1

#### Altersklasse 17 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:22,8	00:49,6	01:48,7	03:50,5	08:04,9	15:18,6	00:28,5	01:02,4	02:14,5	00:24,2	00:53,7	01:59,5	00:26,2	00:55,6	02:00,0	02:02,0	04:20,3	20
19	00:23,1	00:50,4	01:50,4	03:54,0	08:12,4	15:32,8	00:28,9	01:03,3	02:16,6	00:24,6	00:54,5	02:01,4	00:26,6	00:56,4	02:01,8	02:03,9	04:24,3	19
18	00:23,5	00:51,2	01:52,0	03:57,6	08:19,9	15:47,0	00:29,3	01:04,3	02:18,7	00:25,0	00:55,3	02:03,2	00:27,0	00:57,3	02:03,7	02:05,8	04:28,3	18
17																02:07,7		17
16	00:24,2	00:52,7	01:55,4	04:04,7	08:34,9	16:15,4	00:30,2	01:06,2	02:22,9	00:25,7	00:57,0	02:06,9	00:27,8	00:59,0	02:07,4	02:09,6	04:36,4	16
15	00:24,6	00:53,5	01:57,1	04:08,3	08:42,4	16:29,6	00:30,7	01:07,2	02:24,9	00:26,1	00:57,8	02:08,8	00:28,2	00:59,9	02:09,3	02:11,5	04:40,4	15
14	00:24,9	00:54,2	01:58,8	04:11,9	08:49,9	16:43,8	00:31,1	01:08,2	02:27,0	00:26,5	00:58,7	02:10,6	00:28,6	01:00,7	02:11,1	02:13,4	04:44,4	14
13																02:15,2		13
12			•													02:17,1		12
11																02:19,0		11
10																02:20,9		10
9	00:26,7	00:58,1	02:07,2	04:29,7	09:27,4	17:54,8	00:33,3	01:13,0	02:37,4	00:28,3	01:02,8	02:19,8	00:30,7	01:05,0	02:20,4	02:22,8	05:04,6	9
8																02:24,7		8
7	00:27,4	00:59,6	02:10,5	04:36,8	09:42,4	18:23,2	00:34,2	01:14,9	02:41,6	00:29,1	01:04,5	02:23,5	00:31,5	01:06,7	02:24,1	02:26,6	05:12,6	7
6																02:28,5		6
5																02:30,3		5
4																02:32,2		4
3																02:34,1		3
2																02:36,0		2
1	00:29,5	01:04,2	02:20,6	04:58,2	10:27,4	19:48,4	00:36,8	01:20,7	02:54,1	00:31,3	01:09,5	02:34,6	00:33,9	01:11,9	02:35,2	02:37,9	05:36,8	1

#### Altersklasse 18 Jahre

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20	00:22,5	00:48,9	01:47,0	03:48,0	08:00,0	15:08,5	00:28,1	01:01,0	02:13,0	00:23,9	00:53,0	01:58,2	00:25,7	00:54,9	01:58,4	01:59,9	04:20,0	20
19	00:22,8	00:49,7	01:48,6	03:51,6	08:07,5	15:22,6	00:28,6	01:02,0	02:15,1	00:24,3	00:53,8	02:00,0	00:26,1	00:55,8	02:00,2	02:01,7	04:24,0	19
18																02:03,6		18
17																02:05,4		17
16																02:07,3		16
15																02:09,1		15
14																02:11,0		14
13																02:12,8		13
12																02:14,7		12
11																02:16,5		11
10																02:18,4		10
9																02:20,3		9
8																02:22,1		8
7																02:24,0		7
6																02:25,8		6
5																02:27,7		5
4																02:29,5		4
3																02:31,4		3
2																02:33,2		2
1	00:29,1	01:03,3	02:18,4	04:55,0	10:21,1	19:35,5	00:36,4	01:18,9	02:52,1	00:30,9	01:08,6	02:32,9	00:33,2	01:11,0	02:33,2	02:35,1	05:36,4	1

# offene Klasse

Strecke	50F	100F	200F	400F	800F	1500F	50B	100B	200B	50S	100S	200S	50R	100R	200R	200L	400L	Pkt
20																01:58,1		20
19	00:22,1	00:48,5	01:46,6	03:45,8	07:49,6	14:54,8	00:27,6	01:00,7	02:12,8	00:23,6	00:52,3	01:56,7	00:25,1	00:53,5	01:57,6	01:59,9	04:16,7	19
18																02:01,8		18
17																02:03,6		17
16																02:05,4		16
15	00:23,4	00:51,4	01:53,1	03:59,6	08:18,2	15:49,4	00:29,3	01:04,4	02:20,8	00:25,1	00:55,5	02:03,8	00:26,6	00:56,8	02:04,7	02:07,2	04:32,3	15
14																02:09,1		14
13																02:10,9		13
12				•					,							02:12,7		12
11																02:14,5		11
10																02:16,4		10
9																02:18,2		9
8																02:20,0		8
7																02:21,8		7
6																02:23,7		6
5																02:25,5		5
4																02:27,3		4
3																02:29,2		3
2	00:27,8	01:01,0	02:14,3	04:44,3	09:51,2	18:46,5	00:34,7	01:16,4	02:47,1	00:29,7	01:05,9	02:26,9	00:31,6	01:07,4	02:28,0	02:31,0	05:23,1	2
1	00:28,1	01:01,8	02:15,9	04:47,7	09:58,3	19:00,1	00:35,2	01:17,3	02:49,2	00:30,1	01:06,7	02:28,7	00:32,0	01:08,2	02:29,8	02:32,8	05:27,1	1